

AYSO Region All Star Coaching Info

Team Selection

All-Stars are picked by the All-Star Coach and the Division Directors (who must approve teams) based on player ratings and eyes-on assessment of players over the course of the season. Coaches would also coach their own child unless the player is not at the level of the particular team.

Selected rosters are the ones which would be used at the Area 10E tourney, but otherwise guest players can also participate in tournaments. We also encourage any interested coaches to observe as many games as possible prior to their coach interview to have the broadest knowledge of players as possible.

Training

All-Stars practice starts after the playoffs in our league have ended. Each team can hold two 90-min practices per week beginning just before Thanksgiving week.

Schedule & Advancement

The main tournament is the Area 10E All-Star Tournament in Moorpark (Jan 14-15 & 21-22). Before and after that, teams can go to pre and post tournaments - with the option to play into May. Teams typically train regularly in Nov, Dec, & Jan and participate in multiple tournaments prior to the Area 10E tourney. After that teams can train each week or take breaks and train leading up to tournaments.

Teams may qualify to participate in the Section 10 All-Star tourney in Bakersfield March 4-5.

Examples of other tournaments:

November - Panther Shoot-out - Newbury Park - Thanksgiving Fri & Sat

December – Beverly Hills, Santa Clarita, Torrance

January - New Year Eve - Simi Valley

February - Locomotion - Riverside

March - Pot O Gold - Thousand Oaks

April – Apricot Jam - Moorpark

May – Strawberry Cup - Camarillo, Patriot's Cup - Newbury Park

There are many more tournaments and it is up to each team.

Please let me know if you have any questions.

Thanks, David Siedelman
Post Season Coordinator
AYSO Region 4